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This tutorial is written fully in U.S. crochet terminology and carefully translated from the chart so beginners and intermediate crocheters can follow it from start to finish.

## Skill Level

Intermediate

A confident beginner can also complete it by following slowly step-by-step.

## Finished Size

Approximately:

- 7–10 inches tall
- 7–9 inches wide

Size depends on:

- Yarn thickness
- Hook size
- Tension

## Materials Needed

- Crochet thread size 10 OR lightweight cotton yarn
- Steel hook 1.5 mm–2.25 mm
- Scissors
- Tapestry needle
- Blocking board or towel
- Pins for shaping

## U.S. Crochet Abbreviations

- ch = chain
- sl st = slip stitch
- sc = single crochet
- dc = double crochet
- tr = treble crochet
- tr cluster = treble crochet cluster
- picot = decorative point made with chains

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## Important Notes Before Starting

The chart works symmetrically from the bottom center upward.

The heart is built in these sections:

1. Stem
2. Inner foundation
3. Left and right heart curves
4. Decorative mesh/netting
5. Outer lace border
6. Picot edging

Work slowly and count carefully because lace patterns depend heavily on stitch placement.

## How to Make a Treble Crochet (tr)

Yarn over twice, insert hook into stitch, yarn over and pull through.

You will have 4 loops on the hook.

Yarn over, pull through 2 loops four times until one loop remains.

## How to Make a 4-Tr Cluster

1. Yarn over twice
2. Insert hook into stitch
3. Pull up a loop
4. Yarn over, pull through 2 loops twice
5. Leave last loop on hook

Repeat 4 times into the same stitch or space.

Yarn over and pull through all loops together.

## How to Make a Picot

1. Chain 3
2. Slip stitch into the first chain

This creates the tiny decorative point on the border.

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## Starting the Stem

Begin with:

- Chain 42

This creates the long decorative stem shown at the bottom of the chart.

Now:

- Slip stitch back along the chain until reaching the top
- This strengthens and curls the stem naturally

At the top of the stem:

- Chain 6

This begins the heart base.

## Creating the Heart Foundation

Into the 6th chain from hook:

- Work 5 tr stitches

Chain 3.

Work another 5 tr stitches into the same space.

This creates the first fan-shaped base of the heart.

Now:

- Chain 5
- Turn

## Building the Lower Heart Sections

Into the first chain space:

- Work 7 dc
- Chain 2

Into the next space:

- Work another 7 dc

You are now forming the lower rounded sections visible in the chart.

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At the center:

- Work a tr cluster
- Chain 3
- Work another tr cluster

This creates the decorative central spine.

## Forming the Decorative Inner Lace

The inside pattern uses repeating arches and mesh spaces.

Repeat the following around each side:

- Chain 5
- Skip 2 stitches
- Single crochet in next stitch

Continue around both heart curves.

This creates the open lace netting shown in the diagram.

## Creating the Large Inner Petal Shapes

Inside the lace arches:

Work:

- 1 tr cluster
- Chain 3
- 1 tr cluster

into every large chain space.

Between each cluster group:

- Chain 4

This builds the elegant feather/petal structure visible inside the heart.

Continue symmetrically on both sides.

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## Shaping the Top Heart Curves

At the upper rounded sections:

Into each large arch work:

- 8 dc
- Chain 2
- 8 dc

This expands the heart outward.

At the center top indentation:

- Slip stitch into center
- Chain 2
- Single crochet tightly

This creates the dip between the two top lobes of the heart.

## Creating the Netted Outer Area

The outer area shown on the chart uses repeated mesh sections.

Repeat around the entire heart:

- Chain 3
- Skip 1 stitch
- Double crochet in next stitch

Continue evenly around.

This creates the geometric lace framework.

## Adding the Outer Decorative Border

Now work the thicker outer rounds.

Into each chain space:

- 2 dc
- Chain 2
- 2 dc

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Between shell groups:

- Single crochet

Continue all around the heart shape.

This gives the heart its strong decorative outline.

## Round 6 – Beginning the Picot Border

Work around entire edge:

- Single crochet in next stitch
- Chain 3
- Slip stitch into first chain (picot made)
- Skip 1 stitch

Repeat around entire heart.

Try to keep picots evenly spaced.

## Round 7 – Final Lace Edge

Into each picot section:

- Work 1 sc
- Chain 2
- 1 sc

Between each section:

- Slip stitch

This softens and finishes the edge beautifully.

## Finishing the Bottom Point

At the bottom tip:

- Work 3 sc together

This sharpens the point of the heart neatly.

Fasten off yarn.

Leave a tail for weaving.

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## Blocking the Heart

Blocking is very important for lace crochet.

1. Wet the piece lightly
2. Lay flat on towel or blocking board
3. Pin every curve and picot carefully
4. Shape both sides evenly
5. Allow to dry completely

This opens the lace pattern and gives the heart its elegant shape.

## Tips for Best Results

- Use cotton thread for crisp lace
- Count chains often
- Keep tension loose but consistent
- Block carefully for professional results
- Use stitch markers on both sides for symmetry

## Common Beginner Mistakes

### Uneven Heart Shape

Usually caused by:

- Missing chain spaces
- Uneven tension
- Forgotten clusters

### Curled Edges

Normal before blocking.

Blocking fixes this.

### Tight Picots

Make chain stitches slightly looser.

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## Optional Customizations

You can customize the heart by:

- Adding beads to picots
- Using metallic thread
- Making larger hearts with thicker yarn
- Starching the lace for ornaments
- Adding ribbons through openings

## Final Result

You will have a delicate symmetrical lace heart with:

- Decorative floral-style inner motifs
- Open netted lace sections
- Elegant scalloped picot edging
- Flowing stem detail