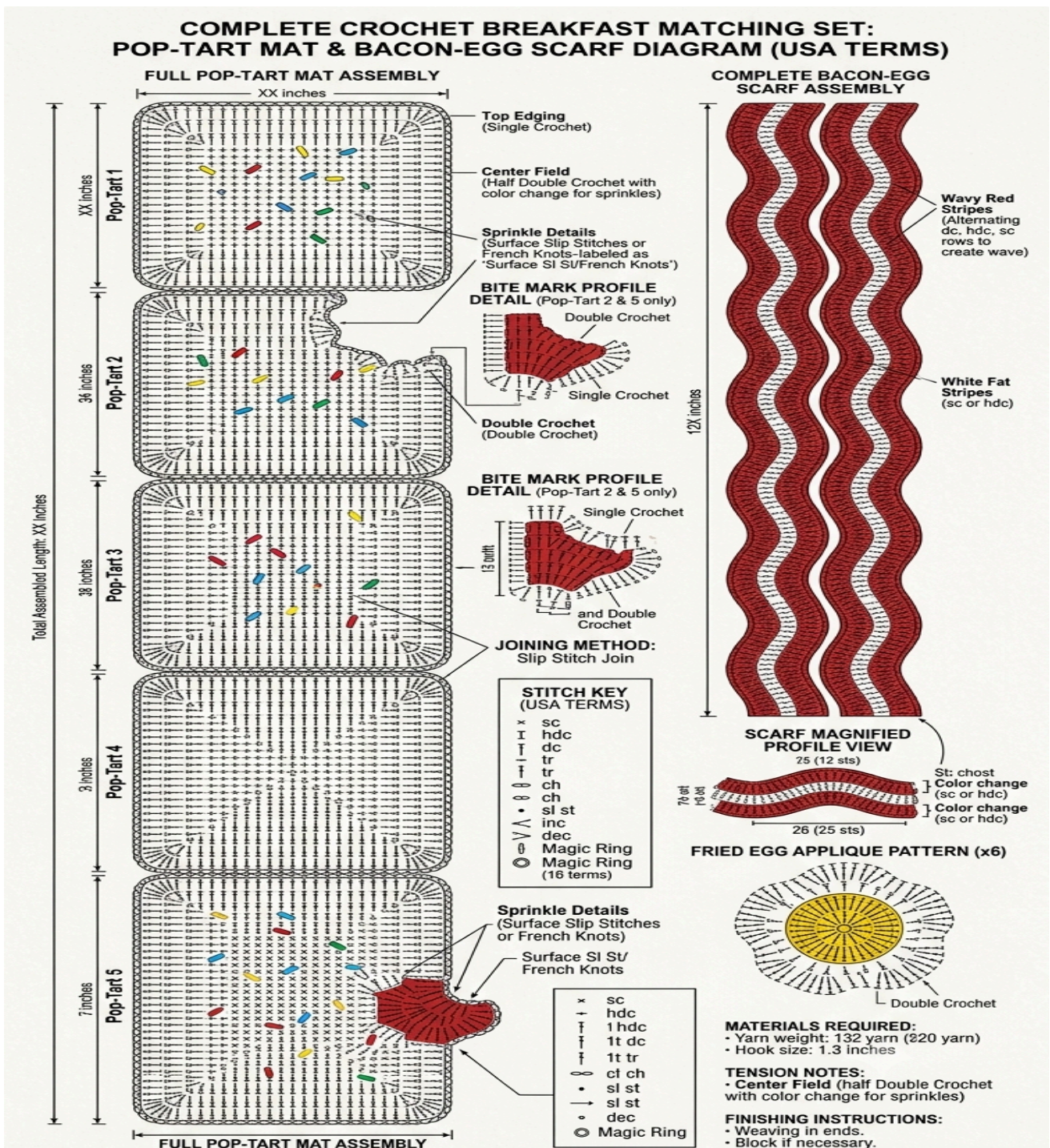


Complete Crochet Breakfast Matching Set Tutorial

Pop-Tart Rug & Bacon-and-Egg Scarf Pattern (US Crochet Terms)

This complete tutorial is based directly on the diagram provided and rewritten into a full beginner-friendly crochet guide in clear American English. Every section follows the structure, stitch logic, and assembly shown in the chart so you can recreate the full breakfast set from start to finish.



MATERIALS REQUIRED:
 • Yarn weight: 132 yarn (220 yarn)
 • Hook size: 1.3 inches

TENSION NOTES:
 • Center Field (half Double Crochet with color change for sprinkles)

FINISHING INSTRUCTIONS:
 • Weaving in ends.
 • Block if necessary.

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Difficulty Level: Intermediate

Language: US Crochet Terms

Project Type: Home Décor + Wearable Accessory

Materials Needed

Yarn Colors

For the Pop-Tart Rug:

- Light tan or beige (crust)
- White or cream (icing)
- Assorted sprinkle colors:
 - Red
 - Blue
 - Yellow
 - Green

For the Bacon-and-Egg Scarf:

- Dark red
- Medium red
- White
- Yellow

Yarn Weight

- Worsted Weight (#4) recommended

Hook Size

- 5.0 mm (H/8) crochet hook recommended

Additional Supplies

- Yarn needle
- Scissors
- Stitch markers
- Measuring tape
- Blocking mat (optional)

Crochet Stitch Key (US Terms)

- ch = chain
- sl st = slip stitch
- sc = single crochet
- hdc = half double crochet

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- dc = double crochet
- inc = increase
- dec = decrease
- MR = magic ring

Finished Measurements

Pop-Tart Rug

Approximate assembled size:

- Width: 36 inches
- Length: 90 inches total

Bacon Scarf

- Width: 10–12 inches
- Length: Approximately 72 inches

Understanding the Project Layout

The rug is made from:

- 5 large rectangular Pop-Tart panels
- Some include “bite marks”
- Decorative sprinkles are added afterward
- Panels are joined vertically

The scarf includes:

- Wavy bacon strips
- Fried egg appliqués sewn onto scarf

Crocheting the Pop-Tart Panels

Each Pop-Tart panel uses:

- Outer crust border in single crochet
- Center icing area in half double crochet
- Rounded corners
- Optional bite mark shaping

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Pop-Tart Panel Foundation

Step 1: Create the Starting Chain

Using crust color yarn:

- Chain 46

Row 1

- Starting in 2nd chain from hook:
- 1 sc in each stitch across
- Turn

Row 2

- Ch 1
- 1 sc in each stitch across
- Turn

Repeat Row 2 until the crust border measures approximately 2 inches wide around the future icing area.

Creating Rounded Corners

At every corner:

- Work 3 sc into the same corner stitch
- Continue evenly around the rectangle

This creates the curved Pop-Tart shape shown in the diagram.

Continue crocheting in rounds until the border is complete.

Making the Icing Center

Switch to white or cream yarn.

Icing Section

- Work hdc stitches evenly across rows
- Continue until center fills most interior area
- Leave visible crust border around edges

The center field in the diagram uses:

- Half Double Crochet (hdc)

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Maintain even tension for a smooth appearance.

Adding Sprinkle Details

Sprinkles are surface embroidery details added after the panel is complete.

Using colorful yarn scraps:

- Insert hook through icing area
- Make short diagonal surface slip stitches
- OR
- Use French knots

Each sprinkle should be:

- 1–3 stitches long
- Randomly placed
- Different colors

Distribute evenly across the icing section.

Creating the Bite Mark Panels

Panels 2 and 5 include bite marks.

Bite Shape Instructions

When reaching desired bite location:

- Stop working straight edge
- Use decreases and shorter rows

Bite Edge Example

- sc 5
- dec
- turn

Next row:

- sc 4
- dec
- turn

Continue gradually reducing stitches to create curved indentation.

Finish edge with:

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- Single crochet border around bite shape

The diagram indicates:

- Combination of dc and sc shaping

Use tighter stitches near the deepest curve for cleaner shaping.

Make All 5 Panels

Panel Layout

Pop-Tart 1

- Standard rectangle
- Sprinkles

Pop-Tart 2

- Bite mark on right side
- Sprinkles

Pop-Tart 3

- Standard rectangle
- Sprinkles

Pop-Tart 4

- Plain center
- No sprinkles

Pop-Tart 5

- Bite mark with filling detail
- Extra sprinkles

Joining the Pop-Tart Panels

Lay all panels vertically in order.

Using crust-colored yarn:

- Align edges
- Join using slip stitch seam

Joining Method

- Insert hook through both panel edges

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- sl st across entire width

This creates visible textured seams similar to the chart.

Optional Rug Backing

For durability:

- Sew non-slip rug backing fabric underneath
OR
- Use anti-slip rug spray

Especially recommended for hardwood floors.

Bacon Scarf Tutorial

Starting the Bacon Scarf

Using dark red yarn:

Foundation

- Chain 26

Row 1

- dc in 4th chain from hook
- dc across
- Turn

Creating the Wavy Bacon Shape

The bacon wave effect comes from alternating stitch heights.

Wave Pattern Example

Row A

- dc across

Row B

- hdc across

Row C

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- sc across

Row D

- hdc across

Repeat sequence.

The changing stitch heights naturally create rippling bacon curves.

Adding White Fat Stripes

Attach white yarn along vertical sections.

Work:

- sc or hdc rows

Alternate:

- Red stripe
- White stripe
- Red stripe

Maintain wave pattern consistently.

Continue Until Desired Length

Repeat wave rows until scarf measures:

- Approximately 72 inches

Fasten off and weave in ends.

Fried Egg Appliqués

Egg Yolk Center

Using yellow yarn:

Round 1

- MR
- 12 dc into ring
- sl st to join

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Round 2

- 2 dc in each stitch around
- Join

Fasten off.

Egg White Border

Attach white yarn to yolk edge.

Round 1

Work alternating stitches:

- sc
- hdc
- dc
- hdc
- sc

Vary stitch heights naturally to create realistic egg edges.

The uneven edge is important for the fried egg appearance.

Make Multiple Eggs

Create:

- 4–6 egg appliqués

The original chart suggests x6.

Attaching Eggs to Scarf

Arrange eggs randomly across scarf.

Sew securely using yarn needle.

Do not pull stitches too tightly or scarf may lose stretch.

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Finishing Instructions ✨

Weaving in Ends

Use yarn needle to:

- Hide all loose yarn tails
- Secure color changes

Blocking the Pieces

Lightly steam or wet block:

- Rug panels
- Bacon scarf
- Egg appliqués

This improves:

- Shape
- Flatness
- Stitch definition

Final Assembly Check

Before using:

- Confirm all seams are secure
- Check bite edges
- Reinforce appliqués if needed

Helpful Beginner Tips 💡

Keep Tension Consistent

Loose tension may distort:

- Bacon waves
- Rug shape

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Count Stitches Often

Especially important for:

- Bite shaping
- Rounded corners

Use Stitch Markers

Mark:

- Corners
- Bite curves
- Beginning of rounds

Practice Surface Slip Stitching

Sprinkles look best when:

- Random
- Colorful
- Slightly angled

Care Instructions

Rug

- Spot clean preferred
- Hand wash cold
- Lay flat to dry

Scarf

- Gentle machine wash acceptable
- Air dry recommended

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Finished Set Ideas

This crochet breakfast set works great as:

- Kitchen décor
- Funny gift
- Convention cosplay accessory
- Dorm decoration
- Social media photo prop
- Handmade market item